At Hillcrest Hearing & Balance Center, it is our mission to educate our patients and community about hearing loss and the importance of early detection and treatment. Backed by a team of ENT physicians and specialists, our team of hearing professionals combines medical and rehabilitative expertise to recommend solutions that best fit your hearing loss, lifestyle, and financial needs.

Studies show that untreated hearing loss affects people’s lives in many ways:

- Untreated hearing loss in adults may lead to social isolation, depression, and memory loss.1
- Adults with untreated hearing loss are significantly more likely to develop dementia over time than those who retain their hearing through hearing aids.2
- Untreated hearing loss may result in the inability to hear warning sounds, such as, car horns and gas or fire alarms, which could pose a safety hazard and lead to serious injury.1

Hear what you’ve been missing!
Taking action to treat your hearing loss today will ensure you don’t miss a sound tomorrow.

Call (937) 999-2314 today.

Yours for better hearing,

Audioslts, Dispensers & Staff of Hillcrest Hearing & Balance Center

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1 Johns Hopkins University, School of Medicine. 2013. Hearing Loss Accelerates Brain Function Decline in Older Adults. Frank Lin, M.D. PhD.
2 Johns Hopkins University, School of Medicine. 2011. Hearing Loss and Dementia Linked in Study. Frank Lin, M.D. PhD.

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WE LIVE IN A NOISY WORLD AND IT’S ONLY GETTING WORSE. NOISE-INDUCED HEARING LOSS IS BECOMING MORE COMMON AND IS AFFECTING YOUNGER AND YOUNGER PEOPLE. WE EXPOSE OURSELVES TO VARIOUS LEVELS OF NOISE DAILY, BUT ARE WE PROTECTING OURSELVES FROM IT? LAWN MOWERS, POWER TOOLS, VACUUM CLEANERS, AND TRAFFIC NOISE ALL REACH VOLUMES THAT CAN DAMAGE OUR HEARING. THESE ARE SOUNDS THAT WE HOPEFULLY THINK ABOUT, LIMIT OUR EXPOSURE TO AND PROTECT OUR EARS FROM SOME KIND OF NOISE PROTECTION DEVICE.

WHAT ABOUT PLEASANT SOUNDS? CAN THESE DAMAGE OUR HEARING AS WELL? OF COURSE THEY CAN. WHEREVER YOU GO YOU SEE PEOPLE WITH MP3 PLAYERS, IPODS, AND EVEN CELL PHONES DEVICES WORN DIRECTLY ON THE EAR. THESE DEVICES, BECAUSE OF THE DURATION WE USE THEM AND OR BECAUSE WE ARE LISTENING TO THEM LOUDLY, CAN DAMAGE OUR HEARING. BUT WHAT SHOULD WE DO ABOUT IT? WE STILL WANT TO LISTEN TO MUSIC AND WE STILL WANT TO USE OUR HANDS-FREE DEVICE TO TALK TO OUR LOVED ONES ON THE PHONE.

THERE ARE SOME SIMPLE WAYS TO LIMIT THE VOLUME OF HARMFUL NOISE OUR EARS ARE EXPOSED TO. FIRST, PROTECT YOUR EARS WHEN POSSIBLE. IF YOU KNOW YOU ARE GOING TO BE AROUND LOUD NOISES SUCH AS LAWN MOWERS, TOOLS OR AT CONCERTS, WEAR PROTECTIVE EARMUFFS OR EARPLUGS TO PROTECT YOUR EARS. IF YOU KNOW YOU WILL BE EXPOSED TO HARMFUL NOISE, WEAR PROTECTIVE HEADPHONES DURING THIS TIME. IF YOU ARE LISTENING TO MUSIC ON YOUR PERSONAL DEVICE, TRY TO LIMIT THE VOLUME TO A REASONABLE LEVEL.

WHEN LISTENING TO MUSIC ON PERSONAL DEVICES, BE SMART ABOUT VOLUME, EXTENT OF LISTENING TIME AND EXPOSURE TO OUTSIDE NOISE. A GENERAL RULE OF THUMB IS NOT TO EXCEED THE MAXIMUM VOLUME OF THE LISTENING DEVICE. IF YOU ARE USING A TELEPHONE, TRY TO LIMIT THE VOLUME TO A REASONABLE LEVEL. IF YOU ARE LISTENING TO MUSIC ON YOUR PERSONAL DEVICE, TRY TO LIMIT THE VOLUME TO A REASONABLE LEVEL.

1. They help block external noise, therefore allowing you to lower the volume of your personal device
2. The speakers are further from your eardrum. The closer the speaker is to the eardrum, the more pressure the sound puts on the ear and the more damage it can cause.

NOISE-INDUCED HEARING LOSS IS PERMANENT. IT’S FAR BETTER TO PROTECT YOURSELF NOW THAN TO SUFFER THE CONSEQUENCES LATER. IT’S NEVER TOO EARLY OR TOO LATE TO PROTECT YOUR HEARING AND YOUR ABILITY TO COMMUNICATE WITH THE ONES YOU LOVE.

AT HILLCREST HEARING & BALANCE CENTER, OUR EXPERT AUDIOLIGIST, DISPENSERS, AND PHYSICIAN TEAM CAN TREAT INDIVIDUALS WITH HEARING LOSS DIFFICULTIES, REGARDLESS OF THE CAUSE. IF YOU OR A LOVED ONE STRUGGLES WITH HEARING LOSS, WE ENCOURAGE YOU TO TAKE THE FIRST STEP TO BETTER HEARING AND MAKE AN APPOINTMENT FOR A CONSULTATION.

CALL (937) 999-2314 TODAY!